My Rightsizing Decision Worksheet

Choose belongings that support comfort, independence and familiar routines in the next home.

Resident: _____ Move date: _____

Keep and move

- [ ] Favorite everyday furniture that fits the floor plan
- [ ] Clothing and personal items used regularly
- [ ] Meaningful photographs, artwork and keepsakes

Gift, sell or donate

- [ ] Items family or friends would value
- [ ] Furniture that will not fit comfortably
- [ ] Duplicates and rarely used belongings

Decide later

- [ ] Sentimental items needing more conversation
- [ ] Belongings awaiting measurements or family input
- [ ] Items requiring an authorized decision

NOTES & QUESTIONS

GOOD TO KNOW

Rightsizing is personal. Give emotional decisions the time and respect they deserve. Avoid rushing someone into parting with meaningful belongings.